

The creative life is not easy. From the outside it can seem romantic and exciting, but in fact it is a unique journey filled with doubts and dreams and complex challenges that most people never imagine. From the obvious issues of making a living and dealing with rejection, to more rarified questions like how to know when a work is finished and the delicate balance between inspiration and craft, the creative artist – whether writer, painter, actor, or dancer – lives in a world of profound questions and subtle choices.

The Artist's Journey takes you into this world with an emotional honesty that few books offer. At once practical and spiritual, it is a rare exploration of the inner landscape of the artistic experience and an essential guidebook to the artist's journey, for creative artists in all fields, whether young or old, accomplished or just beginning.

'The most inspiring book you'll read all year'
DANIEL H. PINK

'Uplifting . . . Tune into his wise words and make something beautiful'
RICK RUBIN

'A master teacher with the most generous heart, filled with lifetimes of wisdom'
DARREN ARONOFKY

CANON GATE		
ISBN 978-1-78689-117-4		
		51700
9 781786 891174		
£10.99	canongate.co.uk	US \$17

Cover design: Valeri Rangelov

The Artist's Journey

KENT NERBURN



The Artist's Journey On Making Art & Being an Artist

'Helpful . . . straight-shooting, celebratory'
MARGARET ATWOOD

KENT NERBURN